Professional Development Self-Paced Lesson

Endnotes:

Page 1
1 http://cdn.missionreadiness.org/MR_Too_Fat_to_Fight-1.pdf


Page 2


Sources for How Much Time Interactive on Page 3 of Self-Paced Lesson


Sources for How Much Time Interactive on Page 5 of Self-Paced Lesson


Page 5

13. Ibid


**PDFs for PD module:**

1) Excerpt from the White House Task Force report to the President

2) “*Implementing Classroom-Based Physical Activity*” Heather E. Erwin, Ph.D

3) Diagrams of classrooms set up to enhance movement opportunities and improve safety.

4) *Maximizing Recess Physical Activity* by Aaron Beighle, Ph.D.

5) Diagram of activity zones of a playground